

Rec Class Calendar Youth-Adult

This calendar will be updated as we add class options. Visit piedmont.ca.gov/recreation

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SEPT 7 HOLIDAY	8 MOVE & GROOVE (4.9-7) 3:30-4:30PM MOVE & GROOVE (8-10) 4:30-5:30PM TEEN YOGA 3:30-4:30PM	9 MOVE & GROOVE (4.9-7) 3:30-4:30PM CAMP GAMES (5-10) 3:30-4:30PM MOVE & GROOVE (8-10) 4:30-5:30PM	10 BIKE FUN (5-8) 3:30-4:15PM	11 HIP HOP DANCE 3:30-4:20PM
14 CAMP GAMES 3:30-4:30PM ▲	15 MOVE & GROOVE (4.9-7) 3:30-4:30PM MOVE & GROOVE (8-10) 4:30-5:30PM	16 CAMP GAMES (5-10) 3:30-4:30PM	17 BIKE FUN (5-8) 3:30-4:15PM	18 HIP HOP DANCE 3:30-4:20PM
21 CAMP GAMES 3:30-4:30PM ▲	22 QI GONG STRETCHES (ADULT) 9-9:45AM TEEN YOGA 3:30-4:30PM MOVE & GROOVE (4.9-8) 3:30-4:30PM AGILITY, COORD & FUN (6-9) 3:30-4:30PM MOVE & GROOVE (9-12) 4:30-5:30PM	23 CAMP GAMES (5-10) 3:30-4:30PM	24 QI GONG STRETCHES (ADULT) 9-9:45AM BIKE FUN (5-8) 3:30-4:15PM AGILITY, COORD & FUN (6-9) 3:30-4:30PM	25 HIP HOP DANCE 3:30-4:20PM
28 CAMP GAMES 3:30-4:30PM ▲	29 QI GONG STRETCHES (ADULT) 9-9:45AM TEEN YOGA 3:30-4:30PM MOVE & GROOVE (4.9-8) 3:30-4:30PM AGILITY, COORD & FUN (6-9) 3:30-4:30PM MOVE & GROOVE (9-12) 4:30-5:30PM	30 CAMP GAMES (5-10) 3:30-4:30PM	OCT 1 QI GONG STRETCHES (ADULT) 9-9:45AM BIKE FUN (5-8) 3:30-4:15PM AGILITY, COORD & FUN (6-9) 3:30-4:30PM	2 HIP HOP DANCE 3:30-4:20PM
5 CAMP GAMES 3:30-4:30PM ▲	6 QI GONG STRETCHES (ADULT) 9-9:45AM TEEN YOGA 3:30-4:30PM MOVE & GROOVE (4.9-8) 3:30-4:30PM AGILITY, COORD & FUN (6-9) 3:30-4:30PM MOVE & GROOVE (9-12) 4:30-5:30PM	7 CAMP GAMES (5-10) 3:30-4:30PM	8 QI GONG STRETCHES (ADULT) 9-9:45AM BIKE FUN (5-8) 3:30-4:15PM AGILITY, COORD & FUN (6-9) 3:30-4:30PM	9 HIP HOP DANCE 3:30-4:20PM
12 CAMP GAMES 3:30-4:30PM ▲	13 QI GONG STRETCHES (ADULT) 9-9:45AM TEEN YOGA 3:30-4:30PM MOVE & GROOVE (4.9-8) 3:30-4:30PM AGILITY, COORD & FUN (6-9) 3:30-4:30PM MOVE & GROOVE (9-12) 4:30-5:30PM	14 CAMP GAMES (5-10) 3:30-4:30PM	15 QI GONG STRETCHES (ADULT) 9-9:45AM BIKE FUN (5-8) 3:30-4:15PM AGILITY, COORD & FUN (6-9) 3:30-4:30PM	16 HIP HOP DANCE 3:30-4:20PM
19 CAMP GAMES 3:30-4:30PM ▲	20 QI GONG STRETCHES (ADULT) 9-9:45AM TEEN YOGA 3:30-4:30PM MOVE & GROOVE (4.9-8) 3:30-4:30PM AGILITY, COORD & FUN (6-9) 3:30-4:30PM MOVE & GROOVE (9-12) 4:30-5:30PM	21 CAMP GAMES (5-10) 3:30-4:30PM	22 QI GONG STRETCHES (ADULT) 9-9:45AM BIKE FUN (5-8) 3:30-4:15PM AGILITY, COORD & FUN (6-9) 3:30-4:30PM	23 HIP HOP DANCE 3:30-4:20PM
26 CAMP GAMES 3:30-4:30PM ▲	27 QI GONG STRETCHES (ADULT) 9-9:45AM MOVE & GROOVE (4.9-8) 3:30-4:30PM AGILITY, COORD & FUN (6-9) 3:30-4:30PM MOVE & GROOVE (9-12) 4:30-5:30PM	28 CAMP GAMES (5-10) 3:30-4:30PM	29 QI GONG STRETCHES (ADULT) 9-9:45AM BIKE FUN (5-8) 3:30-4:15PM AGILITY, COORD & FUN (6-9) 3:30-4:30PM	30 HIP HOP DANCE 3:30-4:20PM

▲ Bring Your Own Pod