

# COVID-19 Class Models Youth-Adult

## We have a calendar of options to keep your kids engaged!

COVID-19 brought about many new rules and restrictions that allow camps and classes to continue in a low risk environment. This fall, in addition to 3-week camps, we have added a couple of new approaches to classes that adhere to the State and County guidelines. We are offering a variety of 3-week after-school camps and a Rec Class Calendar of outdoor activities that will give your kids a chance to pick and choose what they want to do each day after-school. All of offerings follow the State and Alameda County Health Department Guidelines and will require all kids to wear face coverings while participating.

**Please Note: Class and camp information is subject to change due to COVID-19, air quality or weather.**

### After-School Camps

AGES 4-18

This is the model PRD used this summer-camps are 3-weeks.

Individuals register for a camp and will be placed into pods. The pod should be a stable group of 14 or fewer youth, formed for the purpose of providing childcare or extra-curricular activities for youth. "Stable" means that the same 14 or fewer children are in the same group each day. Children and teachers/instructors shall not change from one group to another for the 3-week period. The camp group should remain stable for at least 3 weeks. All camp group participants should practice 6 feet of physical distancing to the extent possible. Sports with shared equipment or physical contact, like soccer, basketball, baseball, softball, and tennis can only be played within the same stable group of children, and equipment should be cleaned daily at minimum. The instructor will take temperatures and ask basic health screening questions at the start of each class. Kids are required to wear a face covering.

### Pick & Play Classes

AGES 4.9-18

Pick & Play Class option follows County Guidelines for "Outdoor Non-Contact Fitness" classes.

Individuals register for a class and there is a maximum of 12 participants per the class. Participants will not be put into a pod or stable group. Children will stay socially distanced, not mix with other participants in the class or share equipment. All participants are required to wear face coverings throughout the class. The instructor will lead from the front of the class and remain socially distanced from the participants and wear a face covering throughout the class. This will look like a yoga class where mats are set at least six feet apart and the instructor is at the front of the class. The instructor will take temperatures and ask basic health screening questions at the start of each class. Kids are required to wear a face covering.

These classes are unique in that they can be registered for by the class. Fee listed is per class and you may register for more than one class.

### Bring Your Own Pod (BYOP)

AGES 5-18

Have you formed a learning pod or neighborhood bubble and are looking for activities for your group?

This option is for established cohorts/pods/bubbles who have a leader or adult supervision. Your pod (of up to 12 participants) and your leader will sign-up as a group for these classes. The adult or "Pod Leader" is required to supervise the pod during the activity. Each pod will have their own space for the class, the pod will not mix with other pods or share equipment with other pods. Face coverings are required for everyone throughout the class. The instructor will lead the pods in activities and stay socially distanced from the pods. Each class will have a 3 pod limit. Kids are required to wear a face covering.

On the Rec Class Calendar, any class with the ▲ next to the title means it is a "Bring Your Own Pod" class. Fee listed is per pod and each pod can have up to 12 participants.

